



Dr. Vicki Harris Wyatt, Ph.D.

**Licensed Professional Counselor
Licensed Alcohol Drug Counselor
Certified Sex Addiction Therapist & Supervisor
Certified Multiple Addictions Therapist
Certified Hope and Freedom Practitioner for Intensives
Partner Trauma Specialists**

Vicki Harris Wyatt, Ph.D., is a Licensed Professional Counselor and a Licensed Alcohol and Drug Counselor and the owner and director of The Wyatt Group. Dr. Wyatt is a Certified Hope and Freedom Practitioner (CHFP) for three-day intensive recovery therapy for marriages and relationships. In her private practice, one of Dr. Wyatt's main strengths is helping her clients gain freedom from their sexual addictions, such as compulsive sex, internet porn, sexual betrayal, and intimacy anorexia, along with many other addictions.

One of her most rewarding practices is the use of intensive recovery. Through this accelerated recovery program, couples and individuals can go through 6 months of counseling in just 3-days! The program, which is intended to help couples and individuals recover from sex addiction, infidelity or betrayal, is designed to get to the heart of the issue quickly, receive concentrated focus, and push for resolution that is both achievable and lasting.

Along with the intensive recovery program, Dr. Wyatt offers a myriad of other services, such as traditional talk therapy, sexual addictions therapy, alcohol and drug assessment, ADD and ADHD evaluation and therapy, EDMR therapy, peak performance training, neurofeedback, anger management, grief counseling, and sexual abuse/rape counseling, as well as many other types of therapy.

Specialities

Three-Day Intensives for Individuals (teens, men & women) and Couples

Sex Addiction Issues for Men and Women

Partners of Sex Addicts

Intimacy Anorexia

Intimacy Issues in Relationships



Relationship Problems & Marriage Counseling

Pre-Marital Counseling

Love Addiction & Love Avoidance

Trauma

EMDR

Neurofeedback & Biofeedback

Groups for Men and Women and Teens

What is Sex Addiction?

“Sexual addiction is defined as any sexually-related compulsive behavior which interferes with normal living and causes severe stress on family, friends, loved ones, and one’s work environment. Like an alcoholic unable to stop drinking, sexual addicts are unable to stop their self-destructive sexual behavior” (SexHelp.com, 2017).

What’s the difference between all of these support groups?

“SAA, SCA, SA and SLAA, are all 12 step fellowships. These are all groups of men and women who come together to share their experience, strength, and hope in recovering from Sexual Addiction, Love Addiction, and/or Sexual Compulsivity. While each group is different in their make-up, one big difference between them is how the group defines ‘sobriety’” (Katehakis, 2017).

What are the Twelve Steps based on AA?

Step One: We admitted we were powerless over alcohol—that our lives had become unmanageable.

Step Two: Came to believe that a Power greater than ourselves could restore us to sanity.

Step Three: Made a decision to turn our will and our lives over to the care of God as we understood Him.

Step Four: Made a searching and fearless moral inventory of ourselves.

Step Five: Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Step Six: Were entirely ready to have God remove all these defects of character.

Step Seven: Humbly asked Him to remove our shortcomings.

Step Eight: Made a list of all persons we had harmed, and became willing to make amends to them all.

Step Nine: Made direct amends to such people wherever possible, except when to do so would injure them or others.

Step Eleven: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Step Twelve: Having had a spiritual awakening as the result of these steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs” (Carnes, 2010, p. 284).



12 STEP GROUPS IN OKLAHOMA

What is Sexaholics Anonymous?

“Sexaholics Anonymous (SA) has the strictest standards for sobriety, emphasizing the importance of commitment, heterosexuality, and spirituality. Homosexual activity is currently not accepted within the parameters of recovery in this fellowship” (Carnes, 2010, p.285).

Sexaholics Anonymous (SA)
866-424-9777
Email: saico@sa.org
Website: www.sa.org

Sexaholics Anonymous in OKC Area (SA)

Sunday: 7 to 8 pm

Saint Andrews Catholic Church (405) 799-3334
800 NW 5th Moore, OK Room 14

Monday: 7 to 8 pm (Last Friday of the month, combine with Village United Methodist Church)
St. Lukes United Methodist Church
(405) 232-1371
222 NW 15th
Oklahoma City, Ok
Room 207

Tuesday: 7 to 8 pm
(Last Friday of the month, combine with St. Lukes United Methodist Church)
Village United Methodist Church (405) 751-8116

2501 W. Britton Rd.
Oklahoma City, OK
Room 104

Wednesday: NOON to 1pm
St. Luke United Methodist Church
(405) 232-1371
222 NW 15th St. Oklahoma City, OK
Room 207

Thursday: 7 to 8 pm
Village United Methodist Church (405) 751-8116
2501 W. Britton Rd. Oklahoma City, OK
Room 104 (Enter through single metal door to the north)

Friday: 7:30 to 8:30 am



Goodrich United Methodist Church (405) 321-0975

200 W Hays St.
Norman, OK (Enter through gym doors to the west)

Friday: 6 to 7 pm

St. Lukes United Methodist Church (405) 232-1371
222 NW 15th St. Oklahoma City, OK
Room 207

Saturday: 8:30 to 9:30 am

Saint Andrews Catholic Church (405) 799-3334
800 NW 5th St.
Moore, OK
Room 8 (Enter through south door at the back of the church)

Sexaholics Anonymous in Lawton (SA)

Monday: 6:00-7:00 pm
Thursday: 7:00-8:00 pm
1222 NW Carroll Dr.
Lawton, OK

Sexaholics Anonymous in Tulsa (SA)

Call 918.748.1708 for meetings times and location.



What is Sex Addicts Anonymous?

“Sex Addicts Anonymous (SAA) is quite inclusive and is making progress on sexual anorexia... Like SLAA, it asks participants to realistically view their bottom line behaviors and to take responsibility for them” (Carnes, 2010, p.285).

Sex Addicts Anonymous (SAA)
 800-477-8191
 Email: info@saa-recovery.org
 Website: www.sexaa.org

Sex Addicts Anonymous in Oklahoma (SAA)

We recommend that you call the group before attending to confirm the day and time of the meeting. Meetings often change day of the week.

Midwest City

Thursday 7:00 PM Midwest City OK, USA	Central Oklahoma SAA Work A Step Douglas Boulevard United Methodist 208 S Douglas Blvd at E Reno Ave Info line: 405-757-7722	Open to all seeking help but closed to visitors Men and Women Face to Face Group Step/Book Study
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Shawnee

Saturday 10:00 PM Shawnee OK, USA	Shawnee’s First Central Church of Christ Building behind church toward Union St 301 N Bell Ave At E 10th St	Open to all seeking help but closed to visitors Men and Women Step/Sharing
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Oklahoma City

Monday 7:00 PM Oklahoma City OK, USA	Monday Night Oklahoma City SAA Mayflower Church Parlor 3901 NW 63rd St at N Shawnee Ave Info line: 405-757-7722	Open to all seeking help but closed to visitors Men and Women Step/Tradition/Topic
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Friday 6:30 PM Oklahoma City OK, USA	Friday PM OKC Expressions Community Fellowship S side of building, middle doors 2245 NW 39 th St At Youngs Blvd	Open to all seeking help but closed to visitors Men and Women Varies
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Saturday 10:00 AM Shawnee OK, USA	Mayflower Church Parlor 3901 NW 63 rd St. At N Portland and NW Expressway	Open to all seeking help but closed to visitors Men and Women Step/Sharing
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Tulsa

Sunday 7:30 PM Tulsa OK, USA	Sunday Serenity Group of Tulsa Bethany Christian Church SE Corner (use west door) 6730 S Sheridan Rd at E 67 th St. Info line: 918-748-5625	Open to all seeking help but closed to visitors Men and Women Book Study
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Tuesday 7:30 PM Tulsa OK, USA	Serenity Group of Tulsa Bethany Christian Church SE Corner (use west door) 6730 S Sheridan Rd Info line: 918-748-5625 Info line: 918-748-5625	Open to all seeking help but closed to visitors Men and Women Tradition/Book Study
Sunday 7:00 AM Tulsa OK, USA	Tulsa Women's Serenity Bethany Christian Church NE Sanctuary, use W entrance 6730 S Sheridan Rd At E 67 th St Info line: 918-748-5625	Open to all seeking help but closed to visitors Women Only Varies
Thursday 7:30 PM Tulsa OK, USA	Serenity Group of Tulsa Bethany Christian Church SE Corner (use west door) 6730 S Sheridan Rd At E 67 th St. Info line: 918-748-5625	Open to all seeking help but closed to visitors Men and Women Step/Tradition/Topic

What is Sex and Love Addicts Anonymous?

“Sex and Love Addicts Anonymous (SLAA) is perhaps the most inclusive (and the largest) of all the fellowships simply because it also acknowledges compulsive romance and relationships. It also has led the way in looking at sexual anorexia as part of the illness” (Carnes, 2010, p.285).

Sex and Love Addicts Anonymous (SLAA)
210-340-4650
Email: info@slaafws.org
Website: www.slaafws.org

Sex & Love Addicts Anonymous in Oklahoma (SLAA)

We recommend that you call the group before attending to confirm the day and time of the meeting. Meetings often change day of the week.

Tuesday: 6:15pm
Friday: 6:30 pm
St. Eugene's Church 2400 Hefner Rd.
Oklahoma City, OK 73120
Phone #: 405-990-0960

What is S-ANON?

“S-Anon is a program of recovery for those who have been affected by someone else's sexual behavior. S-Anon is based on the Twelve Steps and the Twelve Traditions of Alcoholics Anonymous. The primary purpose of S-Anon is to recover from the effects upon us of another person's sexaholism, and to help families and friends of sexaholics” (S-Anon International Family Groups, 2017).

S-Anon
800-210-8141
Email: sanon@sanon.org
Website: www.sanon.org

S-ANON in Oklahoma

We recommend that you call the group before attending to confirm the day and time of the meeting. Meetings often change day of the week.

Oklahoma City

Tuesday: 7 to 8 pm
Village United Methodist Church (405) 751-8116

2501 W. Britton Rd.
Oklahoma City, OK



Friday: 6-8:30pm
St. Lukes United Methodist Church
222 NW 15th
Oklahoma City, OK



What is CODA?

Co-Dependents Anonymous is “a fellowship of men and women whose common purpose is to develop healthy relationships. The only requirement for membership is a desire for healthy and loving relationships” (CoDA.org, 2017).

Codependents Anonymous (CODA)

602-277-7991

706-648-6868

Email: outreach@codas.org

Website: www.codependents.org

Co-Dependents Anonymous in Oklahoma City (CoDA)

Sunday: 5:30pm

St. Anthony Hospital, Behavioral Medicine Building (Conference Room)

1000 N Lee Ave

Oklahoma City, OK 73102

Tuesday: 6:00pm

Expressions Community Center

2245 NW 39th St.

Oklahoma City, OK 73112

Tuesday: 6:30pm

Wednesday: 6:30pm

All Souls Episcopal Church

6400 N Pennsylvania

Oklahoma City, OK 73116

Thursday: 6:30pm

St. John the Baptist Catholic Church (Parish Center Building)

900 S. Littler Ave

Edmond, OK 73034



What is Celebrate Recovery?

“Celebrate Recovery is a biblical and balanced program that helps us overcome our hurts, hang-ups, and habits. It is based on the actual words of Jesus rather than psychological theory” (Celebrate Recovery, 2017).

Celebrate Recovery in Oklahoma City and Surrounding Area

We recommend that you call the group before attending to confirm the day and time of the meeting. Meetings often change day of the week.

Alameda Church of Christ

801 E. Alameda
Norman, Oklahoma 73071

Contact Person: Stephen Link
Phone: 405-321-0788
E-Mail: celebratercovery@alameda-church.org
Day: Friday
Time: 6:45 PM

=====
Bethany First Church of the Nazarene

6789 NW 39th Expressway
Bethany, Oklahoma 73008

Contact Person: Lorna Ferrell & Butch Arico
Phone: (405) 789-5812
E-Mail: lornaferrell@snu.edu
Day: Tuesday
Time: 6:30 PM

=====
Britton Christian Church

922 NW 91st St
Oklahoma City, Oklahoma 73114

Contact Person: Jo Fischer
Phone: 405-286-5409
E-Mail: jo4vineyard@gmail.com
Day: Monday
Time: 6:30 PM

Cathedral de Adoracion

1345 SW 29th St
Oklahoma City, Oklahoma 73119

Contact Person: Dina Torres
Phone: 405-474-1316
E-Mail: t6gina@gmail.com
Day: Friday
Time: 7:00 PM

=====
Community Church

512 East Seward Road
Guthrie, Oklahoma 73044

Contact Person: Nikki Morgan
Phone: 405-659-7034
E-Mail: walkinginfaithfarm@yahoo.com
Day: Saturday
Time: 6:30 PM

=====
Council Road Baptist Church

2900 N. Council Road
Bethany, OK 73008

Contact Person: Sue Ellen Ferguson
Contact Number: (405)789-3175
Email: ferguson@councilroad.org
Day: Friday
Time: 5:45pm



Crossings Community Church
14600 North Portland Avenue
Oklahoma City, Oklahoma 73134

Contact Person: Teresa Peden
Phone: 405-642-3482
E-Mail: tpeden@crossingsokc.org
Day: Thursday
Time: 6:30 PM

=====
Eagle Heights Baptist
2617 N. Jardot
Stillwater, Oklahoma 74075

Contact Person: Charles Cox
Phone: (405) 624-3422
E-Mail:
celebraterrecovery@eagleheights.com
Day: Sunday
Time: 6:30 PM

=====
Faith Crossing Baptist Church
13701 S Pennsylvania Ave
Oklahoma City, Oklahoma 73170

Contact Person: Marty Privett
Phone: 405-378-8338
E-Mail: marty.privett@yahoo.com
Day: Monday
Time: 6:30 PM

=====
First Baptist Church of Moore
301 NE 27th St
Moore, Oklahoma 73160

Contact Person: Joel McCracken
Phone: 405-202-8741
Day: Thursday
Time: 6:30 PM

=====
Fresh Start Community Church
309 N. Eastern Avenue
Moore, Oklahoma 73160

Contact Person: Pastor Peggy Choate
Phone: 405-794-7313
E-Mail: pchoate@freshstartok.com
Day: Tuesday
Time: 5:30 PM

=====
Henderson Hills Baptist Church
1200 E I-35 Frontage Road
Edmond, Oklahoma 73034

Contact Person: Chris Gibson
Phone: 405-513-7459
E-Mail: cgibson@moj.com
Day: Monday
Time: 6:30 PM

=====
Memorial Road Church of Christ
2221 East Memorial Rd.
Edmond, OK 73013

Contact Person: Dan & Angi Lovejoy
Contact Number: 405-478-0166
Email: celebraterrecovery@mrcc.org
Day: Friday
Time: 7:00pm

=====
Newchurch
9201 N. Rockwell Ave.
Oklahoma City, Oklahoma 73132

Contact Person: Craig Abbott
Phone: 405-215-6506
E-Mail: cdubabbott@yahoo.com
Day: Wednesday
Time: 6:00 PM

=====
Oklahoma City First Church of the Nazarene
4400 NW Expressway
Oklahoma City, OK 73116

Contact person: Mark Moody
Contact number: 405-628-8478



Email: mark@okcfirst.com
Day: Saturday
Time: 6:30pm

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OSU Celebrate Recovery

201 S. Hester St
Stillwater, Oklahoma 74074

Contact Person: Matt Mills
Phone: 405-762-0461
E-Mail: mattmills13@gmail.com
Day: Sunday
Time: 7:00 PM

=====

Perry First Church of the Nazarene

829 Jackson Street
Perry, Oklahoma 73077

Contact Person: Marvin Elliott
Phone: 580-830-0357
E-Mail: elliottmarvin@yahoo.com
Day: Thursday
Time: 6:30 PM

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Salvation Army ARC

2041 NW 7th St.
Oklahoma City, Oklahoma 73106

Contact Person: Major Carol A. Nickell
Phone: 405-236-3677
E-Mail: carol.nickell@uss.salvationarmy.org
Day: Wednesday
Time: 6:00 PM

=====

The New Church

210 East Will Rogers
Kingfisher, Oklahoma 73750

Contact Person: Gary Don Taylor
Phone: 405 919-5210
E-Mail: newchurch@pldi.net
Day: Monday
Time: 7:00 PM

=====

Victory Iglesia-Spanish CR

5731 NW 41st St
Oklahoma City, Oklahoma 73122

Contact Person: Almendra Robinson
Phone: 405-802-0681
E-Mail:
almendra.robinson@victorychurch.tv
Day: Viernes
Time: 7:30 PM

=====

Yukon First Church of the Nazarene

525 East Main St
Yukon, Oklahoma 73099

Contact Person: Eddie Fowlkes
Phone: 405-650-8029
E-Mail: Thefolx2@att.net
Day: Thursday
Time: 6:30 PM

Celebrate Recovery in Tulsa and Surrounding Area

*We recommend that you call the group before attending to confirm the day and time of the meeting.
Meetings often change day of the week.*



4th Street Missions CR

439 N. 4th St.
Vinita, Oklahoma 74301

Contact Person - Mike Fry
Phone - 918 256-6387
Sunday 6:30 PM

=====
Abba Compassionate Ministry Center

1307 W. 22nd St
Tulsa, Oklahoma 74107

Contact Person - Buddy & Alicia Davis
Phone - 918-949-6292
E-Mail - buddy@abbacenter.org
Saturday 6:00 PM

=====
Abundant Life CR

104 South 3rd. Street
Vinita, Oklahoma 74301

Contact Person - Jack Parten
Phone - (918) 244-5904
E-Mail - Abundantlife2010@yahoo.com
Sunday 6:00 PM

=====
Abundant Life Fellowship

1300 North Cedar Avenue
Tahlequah, Oklahoma 74464

Contact Person - Scot Wilson/Laura Castro
Phone - 918-207-7366
E-Mail - jscotwilson@yahoo.com /
lauracastroemail@aol.com
Tuesday 7:00 PM

Angus Church

4401 S. 129th W. Ave
Sand Springs, Oklahoma 74063

Contact Person - Coty Dunklin
Phone - 918-245-0266
E-Mail - coty.dunklin@yahoo.com

Website - <http://www.anguschurch.com>
Sunday 5:00 PM

=====
Asbury United Methodist

6767 S. Mingo, Tulsa, OK
Tulsa, Oklahoma 74133

Contact Person - Glen Grusendorf
Phone - 918-694-5277
E-Mail - ggrusendorf@asburytulsa.org
Monday 6:00 PM

=====
Aspen Creek Church

5100 S. Aspen Ave.
Broken Arrow, Oklahoma 74011

Contact Person - Thomas Pizzo
Phone - 918-438-9000
E-Mail - thomaspizzo@yahoo.com
Sunday 6:00 PM

=====
Believers Church

4705 S. Memorial
Tulsa, Oklahoma 74145

Contact Person - Jim & Pam Wykoff
Phone - 918-495-2929
E-Mail - j.wykoff@cox.net
Tuesday 6:00 PM

Boulevard Christian Church

1700 West Shawnee
Muskogee, Oklahoma 74401

Contact Person - Gene Paxton
Phone - 918-682-7822
E-Mail - hgpaxton@gmail.com
Thursday 6:15 PM

=====
Bristow Advent Christian Church

1700 Chestnut Rd
Bristow, Oklahoma 74010

Contact Person - Chad Hagood



Phone - 918-367-3247
E-Mail - bristowacc.cr@gmail.com
Wednesday 7:00 PM
=====

Cedar Point Church
1660 North Lynn Riggs Blvd
Claremore, Oklahoma 74017

Contact Person - Tracy & Shannon Morgan
Phone - 918-402-8677
E-Mail - Tracydmorgan88@yahoo.com
Monday 6:00 PM
=====

Christ United Methodist Church
3513 S. Harvard
Tulsa, Oklahoma 74136

Contact Person - Pat Remmert
Phone - 918-747-8601
E-Mail - premmert53@gmail.com
Monday 7:00 PM
=====

Common Ground
7810 E. 49th St
Tulsa, Oklahoma 74145

Contact Person - Bo Lockhart
Phone - 918-270-4372
E-Mail - lockhart.bo@gmail.com
Thursday 6:00pm
=====

Extreme Worship and Outreach Center
14699 S. Birch
Glenpool, Oklahoma 74033

Contact Person - Stephenie Baldridge
Phone - 918-943-5142
E-Mail - Stephenieedwards81@gmail.com
Tuesday 6:30 PM
=====

Fellowship Community Life Church
5177 E. 420 Road
Oologah, Oklahoma 74053

Contact Person - Tom Thomas
Phone - 918-638-0345
Friday 6:00 PM
=====

First Baptist Church Bartlesville
405 South Cherokee
Bartlesville, Oklahoma 74003

Contact Person - Roy Gaines
Phone - 918-331-6311
E-Mail - roygaines1123@icloud.com
Thursday 7:00pm
=====

First Baptist Church Chouteau
210 West Olney
Chouteau, Oklahoma 74337

Contact Person - April Timmerman
Phone - 918-476-5311
E-Mail - apriltimmerman@sbcglobal.net
Tuesday 7:00 PM
=====

First Baptist Church of Broken Arrow
100 West Albany St
Broken Arrow, Oklahoma 74012

Contact Person - Kay Vaughn
Phone - 918-808-0063
E-Mail - joekayv@valornet.com
Thursday 7:00 PM
=====

First Baptist Church Sapulpa
200 S. Elm
Sapulpa, Oklahoma 74066

Contact Person - Joanne Groenewold
Phone - 918-637-0145
E-Mail - groj@johnchristner.com
Wednesday 7:00 PM
=====

First Baptist Okemah
120 South 6th Street
Okemah, Oklahoma 74859

Contact Person - Scott Robison
Phone - (918) 716-0138
E-Mail - scott-robison@sbcglobal.net
Thursday 6:30 PM
=====

First United Methodist Church of Tulsa



1115 S. Boulder Ave
Tulsa, Oklahoma 74119

Contact Person - Gary Pond
Phone - 918-832-1379
E-Mail - gpuph@yahoo.com
Tuesday 6:00 PM

=====
First United Methodist of Owasso
13800 106th St. North
Owasso, Oklahoma 74055

Contact Person - Gordon Heard
Phone - (918) 272-5731
E-Mail - gordonheard@att.net
Sunday 5:30 PM

=====
God's Shining Light
9897 East 11th St. South
Tulsa, Oklahoma 74128

Contact Person - Davy Dyer
Phone - 918-836-7788
E-Mail - davydyer@gmail.com
Tuesday 6:00 PM

=====
Humble Road Biker Church
304 Seminole
Bartlesville, Oklahoma 74003

Contact Person - Melanie Lay
Phone - (918) 914-1140
E-Mail - Okiemel@me.com
Sunday 6:00 PM

=====
In the Spirit Christian church
1020 S. Garnett Rd.
Tulsa, Oklahoma 74128

Contact Person - Angelia Cherry
Phone - 918 836-6823
E-Mail - Acherry@inthespiritcc.org
Thursday 7:00 PM

=====
Life Fellowship Church
2060 S. 432 Rd

Pryor, Oklahoma 74361

Contact Person - B. Swan
Phone - (918) 825-5375
E-Mail - swan@pobox.com
Thursday 7:00 PM

=====
New Hope Assembly of God
110 West 58th Street South
Muskogee, Oklahoma 74401

Contact Person - Mike DeLozier
Phone - 918-351-5218
E-Mail - mdelo1@hotmail.com
Tuesday 6:00 PM

=====
Park Plaza Church of Christ
5925 E. 51st Street
Tulsa, Oklahoma 74135

Contact Person - Marc Clayton
Phone - 918-361-7395
E-Mail - mclayton@parkplaza.org
Friday 6:00 PM

=====
Southern Hills Baptist
5590 South Lewis
Tulsa, Oklahoma 74105

Contact Person - Steve & Norma Murphy
Phone - 918-743-8897
E-Mail - cr.shbc@me.com
Friday 6:00 PM

=====
SpiritLife Church
5345 South Peoria Avenue
Tulsa, Oklahoma 74105

Contact Person - Jeanne & Preston Anson
Phone - 918-749-9971
E-Mail - jeanneanson@gmail.com
Sunday 5:00 PM

Helpful Resources

<http://wyattgroup.biz/> and <http://www.intensiverecovery.com>

- Dr. Vicki Harris Wyatt
- Counseling Service in Oklahoma City, OK
- 3-Day Intensive Individual and Marriage Counseling
- Sex Addiction Therapy
- Healthy Sexuality
- Peak Performance Training
- Counseling & Parenting
- Alcohol & Drug Assessments
- ADD & ADHD Evaluation and Therapy

- EDMR Therapy
- Neurofeedback/Biofeedback
- Anger Management
- Individual & Family Assessments
- Forensic Consultation & Expert Testimony
- “Coaching” & Life Strategy

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<https://www.sexhelp.com/>

- Online Assessment Tools
 - o Sexual Addiction Screening Test (SAST)
 - o Partner Sexuality Survey (PSS)

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<https://www.recoveryzone.com/>

- Sexual Addiction Risk Assessment (SARA)

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<https://apsats.org/>

- Dr. Barbara Steffens
- The Association of Partners of Sex Addicts Trauma Specialists

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<https://www.iitap.com/resources/>

- Dr. Patrick Carnes
- International Institute for Trauma & Addiction Professionals

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<https://www.hopeandfreedom.com/>

- Dr. Milton Magness
- Three-Day Intensives for Recovery from Sex Addiction

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<http://www.covenanteyes.com/>

- Internet Accountability and Filtering

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<https://www.accountable2you.com/>

- Accountability across all your devices

References

Carnes, P. (2010). *Facing the shadow: Starting sexual and relationship recovery*. Carefree, AZ: Gentle Path Press.

Celebrate Recovery (2017). *What is celebrate recovery?* Retrieved from <https://www.celebraterecovery.com/>.

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Katehakis, A. (2017, July 28). What are the differences among the various treatment programs for sexual addiction (SLAA, SAA, SCA, SA, etc)? [Msg 1] Message posted to <https://>



www.quora.com/What-are-the-differences-among-the-various-treatment-programs-for-sexual-addiction-SLAA-SAA-SCA-SA-etc.

S-Anon International Family Groups (2017). *Hope & help for family & friends of sexaholics*. Retrieved from <https://www.sanon.org/>.

SexHelp.com (2017). *What is sex addiction?* Retrieved from <https://www.sexhelp.com/am-i-a-sex-addict/>.